

ALDERFER & TRAVIS CARDIOLOGY, PC

670 Lawn Ave., Suite 3A Sellersville, PA 18960

Tel (215)257-9500 FAX (215) 257-9500

VITAMIN K - ORAL

USES: Vitamin K is a fat soluble vitamin which plays an important role in blood clotting. This medication is used to prevent and treat hypoprothrombinemia (low blood clot factor levels) caused by vitamin K deficiency.

HOW TO TAKE THIS MEDICATION: Take this medication orally as directed. Do not increase your dose, take this more often or stop taking this without first consulting your doctor.

SIDE EFFECTS: This medication is generally well tolerated. Notify your doctor if you experience easy bruising or bleeding while taking this drug.

PRECAUTIONS: This medication should be used as directed during pregnancy or while breast-feeding. Consult your doctor about the risks and benefits.

Tell your doctor if you have any pre-existing blood disorders or allergies.

DRUG INTERACTIONS: Tell your doctor of any over-the-counter or prescription medication you may take especially warfarin (blood thinners) or aspirin.

NOTES: Vitamin K is commonly found in leafy green vegetables, meat, milk, egg yolks and tomatoes.

Follow any dietary guidelines recommended.

MISSED DOSE: If you miss a dose, take it as soon as remembered; do not take it if it is near the time for the next dose, instead, skip the missed dose and resume your usual dosing schedule. Do not "double-up" the dose to catch up.

STORAGE: Store at room temperature between 59 and 86 degrees F (15 to 30 degrees C) away from heat and light. Do not store in the bathroom.

Your condition can cause complications in a medical emergency. For information on enrollment call Medic Alert(TM) at 1-800-854-1166. In Canada call 1-800-668-1507.