

**ALDERFER & TRAVIS CARDIOLOGY, PC**  
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QUINIDINE - ORAL

OTHER NAMES: Apo-Quinidine, Cardioquin, Cin-Quin, Duraquin, Novoquinidin, Quinaglute, Quinalin, Quinate, Quinidex Extentabs, Quinora

USES: This medication is used to treat irregular heart rhythms (arrhythmias) and maintain a normal heart rate.

HOW TO TAKE THIS MEDICATION: This is best taken on an empty stomach with a full glass of water, but may be taken with food or milk if stomach upset occurs.

Sustained-release tablets must be swallowed whole. Do not crush or chew them.

This medication works best when there is a constant level of the drug in your body. To do this, take each dose exactly as prescribed at evenly spaced intervals throughout the day and night. Try to take each dose at the same time each day.

Do not stop taking this medication without consulting your doctor. Some conditions may become worse when the drug is suddenly stopped.

SIDE EFFECTS: Diarrhea, loss of appetite, bitter taste in mouth, dizziness, headache, ringing in the ears, blurred vision or stomach upset may occur as your body adjusts to the medication.

Inform your doctor if you develop chest pain, rapid heartbeat, confusion, easy bruising or bleeding, rash, fever, joint aches or breathing difficulties while taking this medication.

PRECAUTIONS: This medication should be used only when clearly needed during pregnancy. Small amounts of the medication pass into breast milk. Consult with your doctor before breast-feeding.

Tell your doctor your complete medical history especially if have the disease myasthenia gravis, kidney or liver problems.

DRUG INTERACTIONS: Inform your doctor of all the medication you use (both prescription and nonprescription), especially if you take other heart medicine for irregular heartbeats (antiarrhythmics), pimozide (Orap), blood thinners (coumarin type), blood pressure medicine, phenytoin (Dilantin) or diltiazem because your dose may need to be changed.

If you are being treated for an ulcer with an H2-antagonist (cimetidine or Tagamet, ranitidine or Zantac like drug) your dose may need to be altered.

Be sure your doctor is aware if you are taking quinidine and digoxin (Lanoxin) together because you may need to be monitored more closely.

NOTES: There are different brands of this medication available. Not all products are identical. Do not change brands without consulting your doctor or pharmacist.

Your doctor may want you to check your pulse rate every day while you take this medication. Learn how to monitor your pulse.

To evaluate the effectiveness of this medication, your doctor may periodically take a blood sample to measure the amount of the drug in your body.

MISSED DOSE: If you miss a dose and remember within 2 hours, take it as soon as remembered. If you do not remember until later, skip the missed dose and go back to your usual dosing schedule. Do not "double-up" the dose to catch up.

STORAGE: Store at room temperature away from sunlight and moisture. Do not store in the bathroom.

Your condition can cause complications in a medical emergency. For information on enrollment call Medic Alert(TM) at 1-800-854-1166. In Canada call 1-800-668-1507.