

**ALDERFER & TRAVIS CARDIOLOGY, PC**

**670 Lawn Ave., Suite 3A Sellersville, PA 18960**

**Tel (215)257-9500 FAX (215) 257-9500**

QUINAPRIL - ORAL

OTHER NAMES: Accupril

USES: Quinapril prevents certain enzymes in the body from constricting blood vessels. This helps to lower blood pressure and makes the heart beat stronger. This medication is used to treat hypertension (high blood pressure), heart failure or help diabetics prevent kidney problems.

HOW TO TAKE THIS MEDICATION: This medication may be taken without regard to meals. Take it exactly as prescribed and try to take it at the same time each day.

Do not stop taking this medication without consulting your doctor. Some conditions may become worse when the drug is abruptly stopped. Your dose may need to be gradually decreased.

SIDE EFFECTS: Headache, diarrhea, constipation, nausea, fatigue or dry cough may occur the first several days as your body adjusts to the medication.

Unlikely but report promptly if you develop chest pain, difficulty breathing, skin rash, tingling or swelling of the hands or feet; swelling of the face, lips or tongue; yellowing of the skin or eyes; itching, fever, sore throat or dizziness while taking this medication.

PRECAUTIONS: Before taking this drug tell your doctor your medical history especially a history of angioedema, high blood levels of potassium, kidney disease or kidney dialysis, salt restrictive diet, liver disease and of any allergies, especially of any drug allergies.

Consult your doctor before using salt substitutes or low salt milk.

To avoid dizziness and lightheadedness when rising from a seated or lying position, get up slowly.

Limit your intake of alcohol and use caution when exercising or during hot weather as these can aggravate dizziness and lightheadedness.

This medication should be used only when clearly needed during the first three months of pregnancy. It is not recommended for use during the last six months of the pregnancy. Discuss the risks and benefits with your doctor.

This drug is known to be excreted into breast milk. Consult your doctor before breast-feeding.

Caution is advised when this medication is used in the elderly.  
Caution is advised when this medication is used in children.

**DRUG INTERACTIONS:** Inform your doctor about all the medicine you use (both prescription and nonprescription) especially if you take lithium, potassium supplements, potassium sparing water pills or other water pills (diuretics), high blood pressure drugs NSAID (aspirin-like drugs), quinidine,azole antifungals (e.g., ketoconazole), quinolones (e.g., ciprofloxacin), tetracyclines or sodium polystyrene sulfonate (kayexalate) because you may need to monitored more closely.

Avoid "stimulant" drugs that may increase your heart rate such as decongestants or caffeine. Decongestants are commonly found in over-the-counter cough and cold medicine.

**NOTES:** It is important to have your blood pressure checked regularly while taking this medication. Learn how to monitor your blood pressure. Discuss this with your doctor.

Lab tests may be performed periodically.

**MISSED DOSE:** If you miss a dose, take as soon as remembered; do not take if it is almost time for the next dose, instead, skip the missed dose and resume your usual dosing schedule. Do not "double-up" the dose to catch up.

**STORAGE:** Store at room temperature away from sunlight and moisture. Do not store in the bathroom.