

**ALDERFER & TRAVIS CARDIOLOGY, PC**

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INDOMETHACIN - ORAL CAPSULE, TABLET

OTHER NAMES: Indocin

USES: This medication relieves pain and reduces inflammation. It is commonly used to treat pain, swelling and stiffness associated with arthritis, gout, bursitis and tendonitis.

HOW TO TAKE THIS MEDICATION: Take with food or immediately after meals to prevent stomach upset. Take with a full glass of water.

Sustained release or long acting preparations must be swallowed whole. Do not crush or chew them or the sustained activity may be destroyed and side effects increased.

SIDE EFFECTS: Stomach upset is the most common side effect. If this persists or becomes severe, notify your doctor.

Headache, heartburn, loss of appetite, lightheadedness, dizziness, bloating, constipation, diarrhea or nervousness may occur as your body adjusts to the medication.

Notify your doctor if you develop persistent stomach pain, presence of black or bloody stools, skin rash, itching, edema (swelling of the feet or hands), or vision changes while taking this medication.

May cause dizziness, drowsiness or blurred vision.

May rarely cause ringing in ears and or loss of hearing.

Infrequently, this medication may increase the skin's sensitivity to sunlight. If this happens to you, avoid prolonged sun exposure, wear protective clothing and use a sunscreen. Avoid sunlamps.

PRECAUTIONS: Tell your doctor your medical history especially of any liver or kidney disease, blood disorders, ulcers, heart disease, alcohol use, high blood pressure, eye disease, mental disturbances or brain diseases such as Parkinson's disease or any allergies, especially drug allergies.

Use caution when performing tasks requiring alertness. Limit alcohol intake as it may intensify the drowsiness effect of this medication and make your stomach or intestines more likely to bleed.

Do not take aspirin without consulting your doctor. Check the ingredients of any nonprescription medication you may be taking since many cough and cold formulas contain aspirin.

Caution is advised when this drug is used in the elderly.

This medication should be used during pregnancy only if clearly

needed. Discuss the risks and benefits with your doctor. Use of this drug during the last 6 months of pregnancy is not recommended.

This drug is excreted into breast milk. Consult your doctor before breast-feeding.

**DRUG INTERACTIONS:** Inform your doctor about all the drugs you use especially if you take "blood thinners" warfarin (Coumadin), other arthritis medication, water pills or lithium as your dose may need to be adjusted.

**NOTES:** In arthritis, it may take up to four weeks before the full effects of this medicine are noted. For best results, this must be taken regularly, as directed by your doctor.

**MISSED DOSE:** If you miss a dose, take as soon as remembered; do not take if it is almost time for the next dose, instead, skip the missed dose and resume your usual dosing schedule. Do not "double-up" the dose to catch up.

**STORAGE:** Store at room temperature away from sunlight and moisture.