

**ALDERFER & TRAVIS CARDIOLOGY, PC**  
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FOLIC ACID - ORAL

OTHER NAMES: Vitamin B-9

USES: Folic acid acts to stimulate the production of red blood cells. It is used to prevent or treat anemia (reduced blood cell count) caused by poor diet, digestive disorders, pregnancy, childhood or other conditions.

HOW TO TAKE THIS MEDICATION: Take this medication as directed. Follow any dietary recommendations made by your doctor or nutritionist while taking this medication.

SIDE EFFECTS: Folic acid may cause itching, skin rash, or breathing problems. Consult your doctor if any of these effects persist or become severe.

PRECAUTIONS: Be sure to tell your doctor if you have any sort of anemia (especially pernicious anemia).

DRUG INTERACTIONS: This medication may affect the way your body reacts to certain drugs. Tell your doctor of any over-the-counter or prescription drugs you are taking, especially phenytoin (Dilantin) and vitamin preparations.

NOTES: Folic acid is found naturally in leafy green or yellow vegetables. Eat more of these foods to increase the amount of folic acid in your diet.

Do not allow anyone else to take this medication.

MISSED DOSE: If you miss a dose, skip the missed dose and resume your usual dosing schedule. Do not "double-up" the dose to catch up.

STORAGE: Store at room temperature between 59 and 86 degrees F (between 15 and 30 degrees C) away from moisture and sunlight. Do not store in the bathroom.