

**ALDERFER & TRAVIS CARDIOLOGY, PC**

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FENFLURAMINE - ORAL

OTHER NAMES: Pondimin

USES: This medication is used as an appetite suppressant. It is used in conjunction with an overall diet plan to reduce weight.

HOW TO TAKE THIS MEDICATION: This medication is usually taken three times a day 30-60 minutes before a meal.

Take this medication as prescribed. Do not take it more often or longer than directed.

SIDE EFFECTS: Drowsiness, dry mouth and diarrhea have been reported. Diarrhea usually occurs during the first week. Call your doctor if it should become severe. Other, more rare side effects include: blurred vision, decreased sexual desire or impotence, dizziness, nervousness, increased urination, nausea, constipation, and altered dreaming.

Notify your doctor if you experience depression, skin rash (or hives), difficulty breathing, heart palpitations, chest pain, increased blood pressure, swelling of the feet or hands, fainting or tire quickly when you hadn't previously.

PRECAUTIONS: Tell your doctor of any allergies and of any other illnesses especially diabetes, glaucoma, high blood pressure, heart disease, thyroid problems, emotional problems or mood changes, history of alcohol abuse, seizures or eating disorders.

Because fenfluramine can cause dizziness and drowsiness, care should be taken in operating machinery or driving a vehicle and alcohol should be avoided.

This medication may be habit forming.

Use in children 12 years old or younger is not recommended.

This medication should be used only when clearly needed during pregnancy. Discuss the risks and benefits with your doctor. It is unknown if this drug is excreted into breast milk. Consult with your doctor before breast-feeding.

DRUG INTERACTIONS: Inform your doctor about all the medicines you use especially if you take guanethidine, reserpine, methyldopa, insulin, drugs that cause drowsiness (e.g., sleep medications, narcotic pain relievers, antidepressants), MAO inhibitors (e.g., furazolidone, phenelzine, selegiline, tranlycypromine), SSRI antidepressants (e.g., fluoxetine, sertraline), sumatriptan, dexfenfluramine, venlafaxine and other diet aid medicines.

NOTES: Appetite suppressants are not a substitute for proper diet. For maximum effects, this must be used in conjunction with a diet and exercise program.

Heart examinations are recommended if the phentermine and fenfluramine ("phen-fen") combination is used.

Do not share this medication with others.

MISSED DOSE: If you miss a dose, do not double the next dose. Instead, skip the missed dose and resume your usual dosing schedule.

STORAGE: Store at room temperature away from sunlight and moisture. Do not store in the bathroom.