

ALDERFER & TRAVIS CARDIOLOGY, PC
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FAMOTIDINE 10MG - ORAL

OTHER NAMES: Pepcid

USES: This medication blocks secretion of acid from the stomach. It is used to prevent and treat heartburn and acid indigestion.

HOW TO TAKE THIS MEDICATION: This medication may be taken without regard to meals. Take 1 tablet to relieve symptoms. To prevent symptoms from occurring take 1 tablet one hour before eating a meal. Do not take more than 2 tablets in 24 hours. Do not take 2 tablets per day continuously for more than 2 weeks. If symptoms continue, contact your doctor.

SIDE EFFECTS: Side effects of this medication are rare, however, headache, dizziness, constipation or diarrhea have been reported. If any of these effects continue or become bothersome, inform your doctor. Notify your doctor if you develop a skin rash, or hives, or any other side effect that you notice after taking this medication.

PRECAUTIONS: This medication should be used only if clearly needed during pregnancy. Discuss the risks and benefits with your doctor. Since small amounts of this medication are found in breast milk, consult your doctor before breast-feeding. Tell your doctor if you have any pre-existing liver disease, kidney disease or any allergies. Cigarette smoking can affect this medication. Tell your doctor if you smoke and if you stop or start smoking while taking this medication.

DRUG INTERACTIONS: Tell your doctor what prescription and nonprescription medications you are taking.

This medication is available in both prescription and over-the-counter formulations. Do not take both at the same time.

NOTES: For best results, this medication is often used along with lifestyle changes such as stress-reduction programs, exercise and dietary changes. Talk to your health care professional about changes that you can benefit from.

MISSED DOSE: If you miss a dose, take it as soon as remembered; do not take it if it is near the time for the next dose, instead, skip the missed dose and resume your usual dosing schedule. Do not "double-up" the dose to catch up.

STORAGE: Do not store above 86 degrees F (30 degrees C). Keep away from moisture. Do not store in the bathroom.

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