

ALDERFER & TRAVIS CARDIOLOGY, PC

670 Lawn Ave., Suite 3A Sellersville, PA 18960

Tel (215)257-9500 FAX (215) 257-9500

DIPHENHYDRAMINE - ORAL

USES: This medication provides relief of symptoms of allergic reactions such as rash, hives, watery eyes, runny nose, itchy eyes and sneezing. Also used to treat motion sickness, anxiety, tension, sleeplessness or involuntary movements due to the side effects of certain psychiatric drugs.

HOW TO TAKE THIS MEDICATION: May be taken with food or milk if stomach upset occurs. Follow doctor's instructions. Do not take more than recommended.

SIDE EFFECTS: May cause drowsiness, dizziness, headache, loss of appetite, stomach upset, vision changes, irritability, dry mouth and nose. These effects should subside as your body adjusts to the medication. If these effects persist or worsen, inform your doctor.

Notify your doctor if you develop breathing difficulties, heart pounding, irregular heartbeat, ringing in the ears or difficulty urinating while taking this medication.

PRECAUTIONS: Do not take for several days before allergy testing as test results can be affected.

Change from a seated or lying position slowly to avoid dizziness. Use caution in performing activities requiring alertness. Limit alcohol intake or other sedating medications to avoid excessive drowsiness.

If you have asthma, glaucoma, an ulcer, difficulty urinating (due to an enlarged prostate gland), heart disease, high blood pressure, seizures or an overactive thyroid gland, do not use this drug unless your doctor is aware of your condition and directs you to take it.

Do not give regular tablets or oral liquid to a child younger than six years of age unless directed to do so by a doctor.

This drug should be used only if clearly needed during pregnancy. Discuss the risks and benefits with your doctor. Because this medication appears in breast milk, consult your doctor before breast-feeding.

DRUG INTERACTIONS: Tell your doctor what medications you take, especially sleeping pills, sedatives, tranquilizers, muscle relaxants, medication for depression or seizures, narcotics (medication for pain), other medication for colds, hay fever, or allergies and of all other drugs you use, both prescription and

nonprescription.

Do not take if you have taken any MAO inhibitors (e.g., furazolidone, phenelzine, selegiline, tranylcypromine) within the last two weeks.

MISSED DOSE: If you miss a dose, take as soon as remembered; do not take if it is almost time for the next dose, instead, skip the missed dose and resume your usual dosing schedule. Do not "double-up" the dose to catch up.

STORAGE: Store at room temperature between 59 and 86 degrees F (between 15 and 30 degrees C) away from moisture and sunlight. Do not store in the bathroom. Do not freeze liquid forms of this medication.

Your condition can cause complications in a medical emergency. For information on enrollment call Medic Alert(TM) at 1-800-854-1166. In Canada call 1-800-668-1507.