

**ALDERFER & TRAVIS CARDIOLOGY, PC**

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CROMOLYN - ORAL CAPSULES

OTHER NAMES: Intal

USES: This medication is used to treat diarrhea, flushing, headache, nausea, itching, skin rash associated with mastocytosis, prevention of food allergy and certain intestinal diseases.

HOW TO TAKE THIS MEDICATION: The medication is usually taken 1 half hour before meals and at bedtime as directed.

Do not swallow the capsules. The contents of the capsules are used to make a solution. To make the solution, open the capsule and pour powder into a glass half-filled with hot water. Stir to dissolve the powder. While stirring, add cold water to fill the glass. Drink all of the solution.

Do not add milk, juice or other liquids to the powder and water solution.

SIDE EFFECTS: The most common side effects with this medication are headache and diarrhea. Nausea, gas, muscle aches, stomach pain and irritability have also been reported. If any of these symptoms continue or become bothersome, inform your doctor.

Notify your doctor if you experience rash, itching, breathing trouble, mood changes or burning of the mouth or throat while taking this medication.

PRECAUTIONS: Tell your doctor if you have any pre-existing kidney disease, liver disease or any allergies.

Tell your doctor if you are pregnant before taking this medication. It is unknown if this drug is excreted into human breast milk. Consult your doctor before breast-feeding.

Usage in children under 2 years old is not recommended but may be used in certain cases. Consult the child's doctor.

DRUG INTERACTIONS: Tell your doctor of any over-the-counter or prescription medication you may take.

NOTES: For best results, use this medication routinely as directed.

MISSED DOSE: If you miss a dose, take it as soon as remembered; do not take it if it is near the time for the next dose, instead, skip the missed dose and resume your usual dosing schedule. Do not "double-up" the dose to catch up.

STORAGE: Store the capsules at room temperature between 59 and 86 degrees F (15 to 30 degrees C) away from heat and light. Do not store in the bathroom.

When mixing the solution, drink all of it immediately. Do not mix it ahead of time.

Your condition can cause complications in a medical emergency. For information on enrollment call Medic Alert(TM) at 1-800-854-1166. In Canada call 1-800-668-1507.